

**Children's Safeguarding Policy
7-12 years of age**

Document History

Version	Summary of Changes	Document Status	Date
1.0	Document Created		24/02/2026
1.2	Updated Contact details	Live	30/04/2026

Monitoring and Review

The policy will be annually monitored and a full policy review will take place every three years. A policy review may also be conducted in response to any of the following occurrences:

- Changes in legislation or guidance
- Changes in governance of the sport
- Changes in the nature or size of Table Tennis Wales
- A procedural review taking place following a significant case

1. What is Safeguarding?

Safeguarding means keeping you safe and making sure you can enjoy playing table tennis happily.

2. Our Promise to You

We promise to protect you while you're playing Table Tennis with us. You should always feel safe, happy, and respected during games and training.

3. Who Can Help You?

All of the coaches and staff are here to help you and keep you safe. If you ever feel worried or upset, talk to your coach or an adult you trust.

4. Rules to Follow

Treat everyone with kindness and respect.
No bullying or mean behaviour. Everyone should feel included and welcome.
Listen to your coaches and follow their instructions to stay safe.



5. If You Feel Unsafe

If someone makes you feel uncomfortable or if you see something that doesn't seem right, tell an adult right away. This could be a coach, parent, or another trusted adult.

It's always okay to speak up. Your safety is very important!

6. Keeping Secrets

You don't have to keep secrets that make you feel bad. If someone tells you to keep a secret about something that worries you, talk to an adult about it.

7. What Happens If There's a Problem?

If we hear about any problems, we will take them very seriously and look into them. We will keep you informed and support you throughout the process.

8. Talking to Your Parents or Guardians

We encourage your parents or guardians to talk to us about any questions or concerns they might have.

They can help ensure you have a safe and fun experience while playing table tennis.

9. Keeping Your Concerns Private

We will treat all concerns with care and keep things private. Only people who need to know will be told.

10. Checking Our Policy

We will look at this policy every year to make sure it's still working well for you.

Remember, if you have any questions or need help, it's always okay to ask! Your safety and happiness are our number one priority!



11. Who Can Help You

If you ever feel unsafe, you can talk to:

Talk to your coach or an adult you trust

Table Tennis Wales Safeguarding Helpline

National Safeguarding Officer

Phone: 07500 046 861

Email: safeguarding@tabletennis.wales

Website: www.tabletennis.wales

Childline – A free phone line just for kids

Phone: 0800 1111

Website: www.childline.org.uk

NSPCC – A place to call if someone is worried about a child. Phone:

0808 800 5000

Website: www.nspcc.org.uk

Child Protection in Sport Unit (CPSU)

Phone: 0203 772 9722

Website: <https://thecpsu.org.uk/>

Ann Craft Trust – Helps keep grown-ups safe too.

Phone: 0115 951 5400

Email: Ann-Craft-Trust@nottingham.ac.uk

Website: www.anncrafttrust.org

