

**Children's Safeguarding Policy
13-18 years of age**

Document History

Version	Summary of Changes	Document Status	Date
1.0	Document Created		24/02/2026
1.2	Updated Contact Details	Live	30/04/2026

Monitoring and Review

The policy will be annually monitored and a full policy review will take place every three years. A policy review may also be conducted in response to any of the following occurrences:

- Changes in legislation or guidance
- Changes in governance of the sport
- Changes in the nature or size of Table Tennis Wales
- A procedural review taking place following a significant case

1. How We Help Keep You Safe

We want every child who plays table tennis to feel **happy, safe, and cared for**. No one should ever hurt you or make you feel scared.

All our coaches, helpers, and volunteers:

- Are checked to make sure they are safe and kind.
- Learn how to look after children.
- Know what to do if something goes wrong.



Each club has a **Safeguarding Officer** — a helper you can talk to if you ever feel worried. You can also talk to your parent, carer, or another trusted adult.

If something bad happens, we will:

- Listen to you.
- Write it down.
- Tell people who can help (like the police).
- Work to stop it from happening again.



2. Our Promise

We promise that you will:

- Feel safe, respected, and listened to.
- Have fun while playing table tennis.
- Always get help quickly if something is wrong.



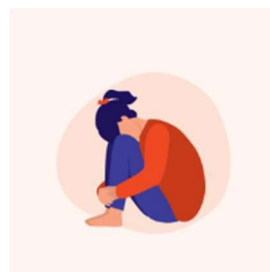
Grown-ups must:

- Be kind and fair to everyone.
- Listen if you are worried.
- Follow the safety rules.

If something serious happens, we might tell the police or social workers — only to keep everyone safe.

3. What Is Abuse?

Abuse is when someone hurts you, scares you, or makes you very sad. It's never your fault. Always tell a grown-up you trust.



Different kinds of abuse:

1. **Neglect** – not caring for someone properly.
2. **Physical abuse** – hurting someone or making them play when injured.
3. **Sexual abuse** – touching, talking, or taking photos in an inappropriate way.
4. **Emotional abuse** – saying unkind things or pressuring you too much.
5. **Bullying** – being mean, name calling or spreading rumours.
6. **Financial abuse** – taking someone's money or things.
7. **Radicalisation** – trying to make someone believe in dangerous ideas.

If something doesn't feel right, tell someone. Even small worries matter.

4. What To Do If You're Worried

If someone is mean, hurts you, or makes you feel unsafe:

- Tell your **coach, Safeguarding Officer, parent, or teacher**.
- Use the **MyVoice** Table Tennis Wales online form QR code, where you can report a concern to Safeguarding at Table Tennis Wales anonymously.



If someone is in **danger right now**, call **999** (the

police). If a friend tells you something scary:

- Stay calm.
- Tell them it's not their fault.
- Tell a grown-up you trust right away.



5. If a Grown-Up Does Something Wrong

If a coach, helper, or volunteer makes you feel unsafe, tell someone. We will check what happened and keep everyone safe. Sometimes the police or safety team may need to help. Even if it happened a long time ago, you should still tell someone. Your information will be kept private and only shared with people who need to know.

6. How We Choose Safe Grown-Ups

Before helping, every coach or volunteer must:

- Fill in a form and give references.
- Pass a background (DBS) check.
- Learn how to keep children safe.
- Keep training and first aid skills up to date.



We keep checking that helpers are doing their jobs safely and kindly.

7. Who Can Help You

If you ever feel unsafe, you can talk to:

National Safeguarding Officer

Table Tennis Wales Safeguarding Helpline

Phone: 07500 046 861 Email: safeguarding@tabletennis.wales

Website: www.tabletennis.wales

Childline – A free phone line just for kids

Phone: 0800 1111

Website: www.childline.org.uk

NSPCC – A place to call if someone is worried about a child.

Phone: 0808 800 5000

Website: www.nspcc.org.uk

Child Protection in Sport Unit (CPSU)

Phone: 0203 772 9722

Website: <https://thecpsu.org.uk/>

Ann Craft Trust – Helps keep grown-ups safe too.

Phone: 0115 951 5400 Email: Ann-Craft-

Trust@nottingham.ac.uk Website: www.anncrafttrust.org

8. Rules That Keep You Safe

Everyone in table tennis must:

- Be kind and respectful.
- Follow safety rules at clubs and events.
- Stay safe online and in photos.
- Know what to do if something goes wrong.

There are **Codes of Conduct** for players, coaches, parents, and helpers. These help everyone enjoy table tennis in a safe and friendly way.

