

COVID-19

ALERT LEVEL GUIDANCE

in association with:



tabletennis.wales

We will follow the rules and guidance of the Welsh Government in deciding when we move between Alert Levels.
This guidance is subject to change in line with the Welsh Government COVID-19 restrictions.
This advice is correct at the time of publication but is subject to continual review and change.



TABLE TENNIS
WALES

COVID-19

GUIDANCE FOR CLUBS & LEAGUES

		TRAINING	VENUE	COMPETITION	COACHING
ALERT LEVEL 4		 FAMILY ONLY	 HOME		 VIRTUAL
ALERT LEVEL 3		 UP TO 15 PEOPLE	 LIMITED NUMBERS		 IN PERSON AND VIRTUAL
ALERT LEVEL 2		 UP TO 30 PEOPLE	 LIMITED NUMBERS	 LIMITED NUMBERS	 IN PERSON
ALERT LEVEL 1		 UP TO 50 PEOPLE	 LIMITED NUMBERS	 LIMITED NUMBERS	 IN PERSON
ALERT LEVEL 0		 NO LEGAL LIMITS	 OPEN		 IN PERSON

COMPETITIONS GUIDE

Here is a list of the protocols we will be following in order to keep participants, spectators and staff safe. A full risk assessment is available on request.



All staff, players, coaches and spectators will be required to sign a self declaration form upon entering the hall in order to track who enters the main arena. On completion of the Self-Declaration form, each person will be given a coloured wrist band to wear during the competition.



Face coverings **must** be worn when entering and moving around the building. Face coverings **must** also be worn by spectators when not eating and drinking.



Courts and walkways will be increases in size to allow everyone more personal space. The playing area will be strictly for **players and team coaches only** to limit the number of people within the field of play.



Hand sanitiser will be available to use around the hall. We advise that individuals also bring their own hand sanitiser and use appropriately.



A Lateral Flow test should be taken within 24 hours before an event to ensure safety. Please do not attend the event if you have symptoms of COVID-19 or are awaiting a test result. Everyone must continue to self-isolate for 10 days if they test positive for COVID-19. If you are a close contact of someone who has tested positive and are aged 18 or over and not fully vaccinated, you must also self-isolate for 10 days.